NewU Pilates Wellness through movement

ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
9.00-10.00 ΑΙΘ.1 Equipment 9.00-10.00 ΑΙΘ.2 Equipment	9.00-10.00 ΑΙΘ.1 Equipment	9.00-10.00 ΑΙΘ.1 Equipment 9.00-10.00 ΑΙΘ.2 Equipment	9.00-10.00 ΑΙΘ.1 Equipment 9.00-10.00 ΑΙΘ.2 Equipment	9.00-10.00 ΑΙΘ.1 Equipment 9.00-10.00 ΑΙΘ.2 Equipment	
10.00-11.00 ΑΙΘ.1 NewU	10.00-11.00 ΑΙΘ.1 Equipment		10.00-11.00 ΑΙΘ.1 NewU	10.00-11.00 ΑΙΘ.1 Equipment	10.00-11.00 ΑΙΘ.1 Equipment
11.00-12.00 ΑΙΘ.1 Equipment			11.00-12.00 ΑΙΘ.1 Equipment		
18.00-19.00 ΑΙΘ.1 Equipment 18.30-19.30 ΑΙΘ.2 Equipment	18.00-19.00 ΑΙΘ.1 NewU	17.45-18.45 ΑΙΘ.1 Equipment	18.00-19.00 ΑΙΘ.1 Equipment		
19.00-20.00 ΑΙΘ.1 NewU	19.00-20.00 ΑΙΘ.1 Equipment	18.45-19.45 ΑΙΘ.1 Equipment	19.00-20.00 ΑΙΘ.1 NewU	19.00-20.00 ΑΙΘ.1 NewU	
20.00-21.00 ΑΙΘ.1 Equipment		19.45-20.45 ΑΙΘ.1 NewU	20.00-21.00 ΑΙΘ.1 Equipment		
21.00-22.00 ΑΙΘ.1 Equipment		20.45-21.45 ΑΙΘ.1	21.00-22.00 ΑΙΘ.1 Matwork		

Το πρόγραμμα αφορά μόνο τα ομαδικά τμήματα.