

NewU Pilates Wellness through movement

	<b>ΔΕΥΤΕΡΑ</b>	<b>ΤΡΙΤΗ</b>	<b>ΤΕΤΑΡΤΗ</b>	<b>ΠΕΜΠΤΗ</b>	<b>ΠΑΡΑΣΚΕΥΗ</b>	<b>ΣΑΒΒΑΤΟ</b>
	9.00-10.00 AIΘ.1 Equipment 9.00-10.00 AIΘ.2 Equipment	9.00-10.00 AIΘ.1 Equipment	9.00-10.00 AIΘ.1 Equipment 9.00-10.00 AIΘ.2 Equipment	9.00-10.00 AIΘ.1 Equipment 9.00-10.00 AIΘ.2 Equipment	9.00-10.00 AIΘ.1 Equipment 9.00-10.00 AIΘ.2 Equipment	
	10.00-11.00 AIΘ.1 NewU	10.00-11.00 AIΘ.1 Equipment		10.00-11.00 AIΘ.1 NewU	10.00-11.00 AIΘ.1 Equipment	10.00-11.00 AIΘ.1 Equipment
	11.00-12.00 AIΘ.1 Equipment			11.00-12.00 AIΘ.1 Equipment		
	18.00-19.00 AIΘ.1 Equipment 18.30-19.30 AIΘ.2 Equipment		17.45-18.45 AIΘ.1 Equipment	18.00-19.00 AIΘ.1 Equipment		
	19.00-20.00 AIΘ.1 NewU	18.30-19.30 AIΘ.1 NewU	18.45-19.45 AIΘ.1 Equipment	19.00-20.00 AIΘ.1 NewU	19.00-20.00 AIΘ.1 NewU	
	20.00-21.00 AIΘ.1 Equipment	19.30-20.30 AIΘ.1 Equipment	19.45-20.45 AIΘ.1 NewU	20.00-21.00 AIΘ.1 Equipment		
	21.00-22.00 AIΘ.1 Equipment			21.00-22.00 AIΘ.1 Equipment		

Το πρόγραμμα αφορά μόνο τα ομαδικά τμήματα.